


NORTH TEXAS COUNSELORS

Filial Parenting Group



Call 972-984-2071
or email
info@ntxcounselors.com

Child-Parent Relationship Training
Starts Wed. August 1st 6:30-7:30
\$30 per session (8 weeks)

Parenting Can Be Difficult...

- Do you feel like you have lost control of your role as a parent?
- Do you find yourself yelling at your child more often than laughing with your child?
- Do you feel you have lost touch with your child...-don't feel as close as you'd like?
- Do you feel frustrated and find yourself saying the same things over and over, with no results?
- Would you like for your relationship with your child to go back to the "way it used to be"?

If you answered "Yes" to any of these questions, Child-Parent-Relationship (C-P-R) Training Can Help!

Learn skills that will make a difference in your life and the life of your child.

In 8 weeks, you will learn how to:

- Regain control as a parent
- Help your child develop self-control
- Effectively discipline & limit inappropriate behavior
- Understand your child's emotional needs
- Communicate more effectively with your child

In 8 weeks, you will see a noticeable difference in:

- Your relationship with your child
- Your child's behavior
- Your ability to respond effectively
- Your confidence in your parenting skills

NORTH TEXAS COUNSELORS: FILIAL GROUP INTAKE FORM
(Both parents do not have to attend)

Parents's Name: _____ Address: _____

Names and ages of children: _____

Phone Number: _____ How many years married: _____

MOM:

What is your biggest strength/ as a parent? _____

What is your biggest challenge?: _____

What do you need help with the most? _____

What would you like to gain from this group? _____

DAD:

What is your biggest strength as a parent? _____

What is your biggest challenge?: _____

What do you need help with the most? _____

What would you like to gain from this group? _____

Circle any symptoms family members have below:

Anger	Anxiety/Phobias	Eating problems	Acts out
Conduct Problems	Controlling	Isolation	Discipline Issues with parents
Defiance/discipline issues	Depression	Shy, quiet	Manipulates
Hyperactive	Tantrums	Lack of empathy	Lying/Stealing
		Lack of motivation	Lethargy

How do your children interact with each other?

What discipline strategies have you tried? What has worked/not worked?

What do you do together as a family?

What do you want your family to be like?

By signing this form, I understand that I am committed to paying \$240 for the full group (either all upfront or half upfront and half the first session) regardless if I am in attendance or not. I authorize my credit card on file to be charged.

(Circle) Visa MC DISC

(Please check): ___ **Pay in full**

___ **Pay \$120 now & \$120 first session**

X _____ X _____

Signature

Date

Credit Card # _____ Exp: _____ CVC: _____